



**Church of the Redeemer  
Visions of Ministry  
Open Space Report**

**Topic:** [Outreach to the Elderly](#)

**Summary of Key Discussion Points:**

- Our aging friends experience loneliness, illness and health issues, fear, anger, anxiety, financial problems, bereavement and friends – this comes down to physical, emotional and spiritual support.
- Not end of life, but change can be difficult.
- In addition, there can be expectations and labeling of how society perceives the elderly, concerning physical mobility and fear of asking for or giving support.
- Some seniors can be too proud to ask for help, and others may not need it.
- Lastly, to summarize: activities, making new friends, keeping old friends and reading out to our friends by visitations and giving loving support.

**Next Steps:**

- Survey – introductions, phone calls etc – about physical and spiritual support, what our seniors need, independence, visitations, informal one-on-one communication and their needs of isolation and illness.
- Adult education for seniors – local churches put info in the bulletin; word of mouth around community – notices etc.